



Contact: Nina Zapala: zapala@fzkllc.com|407.629.0757|twitter.com/zapalafzk

For Immediate Release

Escape from the Everyday – Gal Pal Adventure at The Reef Resort

(Grand Cayman – May 09) According to Stephanie Oswald, host of "All-Girl Getaways" on the Fine Living Network, girlfriend getaways are extremely popular, but she said women are being more cost conscious this year.

Are you and your gal pals seeking a fun new adventure? An escape from the everyday, but don't have thousands to spend. The folks at The Reef Resort understand, and new this year is a timely package entitled, *Escape from the Everyday*, to inspire you to take a risk, try something new, and of course, relax a bit. The package includes: four nights in a beachfront two-bedroom suite, jeep rental, snorkel gear and snorkel map, and paddleboard lesson. Wait there's more, a swim with the stingrays with a trip to Stingray City and snorkel stop, a one-hour windsurf/paddleboard/kayak session per person per day, unlimited bicycle use, 50 minute massage, a manicure and pedicure at the new Le Soleil Spa, and chilled glass of champagne upon arrival, a crazy deal for only \$700 per person taxes included.

The Reef Resort is located on the undiscovered East End of Grand Cayman presenting a relaxing vibe, ideal for women/moms dealing with life's hectic pace. Women can escape from it all without the crowds, up-do's and more. The resort's huge beach (1,600 feet long) provides plenty of privacy, great for long walks, or just a lazy read under a Palapa. Each suite is beachfront, just steps away from the ocean, and all offer a balcony or patio providing guests with a sense of spaciousness. Snorkeling, kayaking, and the best diving on the island, plus, a plethora of island activities are available and can easily be booked utilizing the resort's complimentary concierge service either pre arrival or upon arrival. Another tip when traveling to this side of the island, the East End is known for Caymanian eateries and mingling with the "locals."

For additional information on this package or to learn more about The Reef new "no worries booking guarantee", visit online at www.thereef.com or call toll free 866 714-2309.

####

