

CASTRO'S BEACH BAR LUNCH MENU

Soups & Salads

Red Conch Chowder...5.95

Traditional local soup, a must

Black Bean Soup...5.50

Slightly spicy, an island favorite

Four Bean Salad ...8.25

Chick pea, corn, kidney & black beans in a house vinaigrette

Add shrimp 13.00, jerk chicken 12.00 or blackened Mahi Mahi 12.00

Greek ...8.25

Feta, cucumber, onions, olives and tomatoes

Add shrimp 13.00, jerk chicken 12.00 or blackened Mahi Mahi 12.00

Caesar...8.25

Classic salad, romaine, croutons, garlic anchovies and parmesan all blended in a creamy dressing

Add shrimp 13.00, jerk chicken 12.00 or blackened Mahi Mahi 12.00

House Special Salad...8.95

Fresh greens, diced chicken and ham, shaved cheddar jack, eggs, tomatoes, black olives and croutons in a blue cheese dressing

Appetizers

Fusilli with Chicken...9.95

Pasta with olive oil and fresh tomato, garlic, julienne of peppers and green onions

Shrimp Cocktail...9.00

Classic cocktail served chilled with a zesty cocktail sauce

Coconut Shrimp...9.00

Beer battered and rolled in flaked coconut and served with orange sauce

Steamed Mussels...10.00

Cooked in broth with Chardonnay wine, garlic and fresh herbs

Spinach, Artichoke & Sun Dried Tomato Dip...7.95

Served with grilled garlic pita bread

Marinated Conch...7.95

Local delicacy marinated in ginger, garlic, onions and cilantro

Conch Fritter...7.95

Golden crispy fritters served with jerk spicy mayo

Tropical Fruit Plate...7.50

Season's offering topped with flaked coconut and natural yogurt

Crab Cakes...9.00

Fried and crispy on a bed of mixed greens and raspberry vinaigrette

East End Chicken Fingers..8.95

Served with fries and honey mustard

Spicy Wings

Served with tangy, sweet chili sauce

6 pieces...6.50 / 12 pieces...10.00 / Add fries 3.50

Portions of French Fries..4.50

With melted cheese...4.95

All prices are in CI Dollars. Gratuities not included.(15% gratuity added for parties of 6 or more)

Sandwiches & Burgers

Grilled Chicken Breast ...9.95

Served on a open Italian style bread with mustard mayo, melted Provolone cheese, grilled zucchini and yellow squash.

Steak on a Ciabatta...9.95

Served on an open Italian style bread with Jerk Mayo, grilled red pepper and caramelized Bermuda onions

Barefoot Burger...8.95

Homemade patty with mozzarella, bacon and chef's special sauce

Chicken Quesadillas...8.95

Served with salsa and sour cream

Blackened Shrimp Quesadillas...9.50

Served with salsa and sour cream

Chicken Caesar Wrap...8.95

Served blackened or grilled in a sun dried tomato tortilla

Veggie Burger...8.50

With Monterey Jack on a sesame bun

Black & Blue...8.95

Blackened Mahi Mahi with blue cheese dressing on a sesame bun

Add Bacon... ct.95

All the above items are served with French Fries or Caesar or Green Salad

CATCH OF THE DAY

Grilled , Blackened or Cayman Style and served with Caribbean Rice & Peas...13.95

FISH & CHIPS

Beer battered Mahi Mahi served with tartar sauce...12.95

FOR THE LITTLE PIRATES

Captain Hook's Pasta ...5.75

Kid – sized pasta in marinara sauce and parmesan cheese

Treasure Chest Jewels...5.75

Crispy mozzarella sticks served with marinara sauce

Ghostly Chicken Nuggets...6.75

A feast for a little Pirate, lightly breaded and golden fried tender chicken nuggets and French fries.

Devilish Dogs...5.75

Spooky mini hot dog served with golden French fries

