



BEACH BAR MENU

SERVING HOURS

11:00 AM — 9:30 PM

SOUPS & SALADS

CUBAN BLACK BEAN SOUP 5
SLIGHTLY SPICY

RED CONCH CHOWDER 5
CONCH INFUSED WITH THYME

CLASSIC CAESAR SALAD 8
*ROMAINE, CROUTONS, GARLIC, ANCHOVIES & PARMESAN DRESSING
W/SHRIMP 12, JERK CHICKEN 11, MAHI 11*

GREEK SALAD 8
FETA, CUCUMBER, ONIONS, OLIVES & TOMATO

HOUSE SALAD 9
*FRESH GREENS, DICED CHICKEN, HAM, SHREDDED CHEDDAR & JACK
CHEESE, HARD-BOILED EGG, TOMATO, BLACK OLIVES AND CROUTONS
IN A BLUE CHEESE DRESSING*

TROPICAL FRUIT PLATE 13
SEASONAL FRUIT TOPPED WITH FLAKED COCONUT & NATURAL YOGURT

APPETIZERS

AVOCADO EGG ROLLS 8
THREE SPRING ROLLS STUFFED WITH AVOCADO & CORN SALSA

COCONUT SHRIMP 9
FOUR SHRIMP ROLLED IN FLAKED COCONUT WITH MANGO SALSA

CONCH FRITTERS 7.5
GOLDEN CRISPY FRITTERS SERVED WITH JERK MAYO

CRAB CAKES 9
SERVED ON MIXED GREENS WITH MANGO SALSA

FRIED CALAMARI 9
GOLDEN FRIED & SERVED WITH CHIPOTLE AIOLI DIP

SHRIMP COCKTAIL 9
SERVED CHILLED WITH A ZESTY HORSERADISH COCKTAIL SAUCE

STEAMED MUSSELS 12
COOKED IN CHARDONNAY WINE, TOMATO SAUCE AND FRESH HERBS

SPICY WINGS 11 dozen
SERVED WITH TANGY BLUE CHEESE DRESSING 7 half dozen

EAST END CHICKEN TENDERS 9
CHICKEN FINGERS AND HONEY MUSTARD

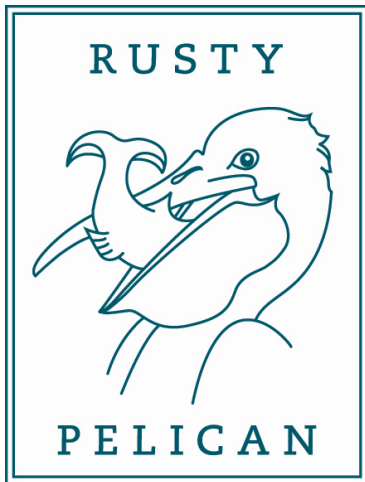
BUFFALO CHICKEN STRIPS 7.5
SERVED WITH BUFFALO WING SAUCE

YELLOW FIN TUNA CARPACCIO 10
THIN SLICED TUNA AND WASABI

SIDE OF FRIES 3.5
WITH CHEESE 4



THIS PROJECT IS DEDICATED TO
HELPING RESTAURANTS AND THEIR CUSTOMERS
MAKE INFORMED AND ECOLOGICALLY
POSITIVE SEAFOOD CHOICES.



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SERVING HOURS

11:00 AM — 9:30 PM

KIDS MENU 5.75 EACH

CAPTAIN JACK DOG

A BIG HOT-DIGGITY DOG!

CAPTAIN HOOK'S PASTA

PASTA IN MARINARA SAUCE

GRILLED CHEESE

THE WAY MOM MAKES IT!

MACARONI & CHEESE

KIDS FAVORITE

CHICKEN NUGGETS

W/FRIES & HONEY MUSTARD SAUCE

PIZZA ONLY
PICK UP OR DELIVERY
12PM—10PM
CALL BAR 947-3100
EXT 6445



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SANDWICHES & SUCH

PELICAN'S BURGER <i>STACKED HIGH WITH EVERYTHING</i>	9.5
BAREFOOT BURGER <i>ANGUS PATTY WITH MOZZARELLA, BACON & CHEF'S SPECIAL SAUCE</i>	9.5
BLACK & BLUE MAHI MAHI <i>SERVED WITH BLUE CHEESE DRESSING ON CIABATTA</i>	9.5
BLACKENED SHRIMP QUESADILLAS <i>SERVED WITH SALSA AND SOUR CREAM</i>	10
BLUE CRAB BURGER <i>HOMEMADE BURGER SERVED WITH LEMON MAYO</i>	11
CHICKEN QUESADILLAS <i>SERVED WITH SALSA AND SOUR CREAM</i>	9
CHICKEN SALAD WRAP <i>HOMEMADE CHICKEN SALAD WITH PECANS AND APPLES IN A SUN DRIED TOMATO TORTILLA</i>	9
CHICKEN TACOS <i>SPICY GRILLED CHICKEN</i>	9.5
COCONUT CHICKEN SANDWICH <i>SERVED WITH MANGO SALSA</i>	11
CONCH SAUSAGE DOG <i>GRILLED SAUSAGE WITH SAUTÉED BERMUDA ONION ON CIABATTA</i>	9.5
PELICAN'S CHICKEN FINGER BASKET <i>HAND BREADED SERVED COUNTRY STYLE</i>	12
FISH & CHIPS <i>BEER BATTERED MAHI MAHI WITH TARTAR SAUCE</i>	12
FISH TACOS <i>CATCH OF THE DAY WITH JERK TARTAR ON A SUNDRIED TOMATO TOR-</i>	9.5
RANCH CHICKEN BREAST SANDWICH <i>HOMEMADE RANCH DRESSING, BACON BITS, LETTUCE AND TOMATO</i>	9.5
RUSTY CLUB <i>CHICKEN, BACON, TOMATO, LETTUCE, MONTEREY JACK, GARLIC MAYO</i>	9.5
STEAK SANDWICH <i>WITH JERK MAYO, RED PEPPER & CARAMELIZED BERMUDA ONION</i>	12
FRESH CATCH OF THE DAY <i>GRILLED OR BLACKENED LUNCH PORTION SERVED WITH RICE AND</i>	17
PIZZA	
CHEESE PIZZA	16
VEGGIE PIZZA	18
PEPPERONI PIZZA	18
HAWAIIAN PIZZA <i>PINEAPPLE AND HAM</i>	18
GOURMET DELUXE <i>LOADED WITH EVERYTHING INCLUDING CONCH SAUSAGE</i>	20